

La Lyonnaise

(France)

A nice mixer from the society repertoire. Polka was an important feature in the dancing world around 1850. Learned from Margarita Marambio Longueuil, March 3rd, 1999.

Pronunciation:

CD: Echos de l'Hexagone, Band 4

3/4 meter

Formation: Circle of couples facing LOD (CCW) in open pos. Outside hands: W hold skirt, M on hip.

Meas

Pattern

C 4 meas INTRODUCTION. M bow from the waist; W curtsy.

I. POLKA, WALK, CHASSE

A 1 Starting on outside ft, one polka step in LOD.

2 Two walking steps in the same direction.

3-4 Repeat meas 1-2, starting on opp ft.

5-6 Facing ptr in closed position, chasse to M's L or in LOD with 4 sliding steps

7-8 Repeat meas 5-6 moving to M's R or in RLOD.

A 9-16 Repeat meas 1-8.

II. WALK AND TURNING POLKA

B 1-2 Starting on outside ft, take 4 walking steps in LOD.

3-4 Facing ptr closed pos, dance 2 polka steps turning CW and moving CCW on LOD.

5-8 Repeat meas 1-4.

B 9-16 Repeat meas 1-8.

III. TRANSITION

C 1-2 Starting on outside ft, dance 2 polka steps moving on LOD.

3-4 M walk fwd to a new ptr as W cast away to the M behind (4 steps).

Repeat from beginning.

Presented by Germain Hebert